

Bar @ Chesapeake

Specials

7.27-8.1

Firecracker Shrimp- Shrimp, paper, chili sauce, soy sauce and Asian coleslaw in a spring roll wrapper. (290 cal.) \$8.00

Summer Gnocchi- Zucchini, yellow squash, corn, cream, parmesan and basil with gnocchi potato dumplings. (250 cal.) \$8.00

Fruit of the Week: Banana

8.3- 8.8

Caprese Salad Sliced tomato and fresh mozzarella with olive oil and balsamic vinegar reduction. (240 cal.) \$6.00

Asian Chicken Lettuce Wrap - Ground chicken sautéed with pureed apples, soy, plum sauce, garlic, ginger and water chestnuts. Topped with bang bang sauce, sesame seed and scallions on Boston leaf lettuce boats. (310 cal.) \$8.00

Fruit of the Week: Orange

8.10- 8.15

Chesapeake Sliders - Smash style griddle seared beef burgers with shredded lettuce, tomato and onion, on two slider bun. (280 cal.) \$10.00

Seafood Salad -Shrimp, surimi, celery, mayonnaise, Dijon mustard, lemon, dill, old bay and seasonings. (280 cal.) \$8.00

Fruit of the Week: Pear