

# HEALTHY HABITS

## Frequently Asked Questions

### **When does phase 2 go into effect and what is changing?**

Beginning September 9, 2020, additional amenities and services will begin reopening and/or the preventive measures put in place during phase 1 will be modified. Please see the attached Healthy Habits reference chart for details on what's new.

### **What is expected of residents during this stage of reopening?**

During phase 2, residents should continue to follow all current COVID-19 preventive measures. This includes wearing a cloth face mask over the nose and mouth at all times when outside of your own apartment home, washing hands thoroughly and frequently, maintaining six feet of distance between yourself and others, and staying home and notifying the medical center if you feel sick.

### **If I choose to leave the community grounds, what is the process when I return?**

Residents will continue to be able to enter the community without going through the screening process – just show your resident badge or vehicle sticker/pass. However, any time you leave the community you are increasing your risk of coming in contact with someone who is carrying COVID-19. For that reason, please make sure you maintain all the same infection prevention practices you follow on campus: wear your mask, keep a safe social distance, and wash hands frequently.

### **What do I need to know about Dining?**

All current dining options will remain in place throughout Phase 2! Additional in-dining room meal options will be detailed in a separate letter coming soon!!

### **Is Continuing Care reopening?**

Continuing Care restrictions remain in place, consistent with Federal, State, and local guidelines. Escorted compassionate care in-apartment visits are available by appointment only. Please contact Continuing Care Administration at 443-297-3359 to discuss your needs and schedule your visit.

### **What is the best way for me to keep up to date about all of our reopening efforts?**

If you have a personal computer or mobile device, the My Erickson mobile app is your best and most convenient resource. Our Community Resources team will be happy to help you enroll in My Erickson. Of course, we will also be providing updates in writing, via email, on 972, and on signs posted around the community.

### **Who should I call if I have additional questions?**

Contact administration at 443-297-3528. We will be happy to assist you.